

Trucking Wellness

Mobile Wellness Centre request form



Driving the well-being of the industry.



Thank you for requesting a mobile wellness centre with Trucking Wellness. In order to confirm your request, please provide us with the following information:

Company name/depot	
Estimated number of employees to participate*	
Physical address	
Name of contact person	
Contact number	
Services** required	
Proposed date/s	
Proposed time	
Comments	

Completed form to be sent to Michelle Steyn:

Fax – 086 510 8137 or

Email – rene@coremp.co.za

Completed by: _____

Designation: _____

Date: _____

Signature: _____

* A minimum number of 18 people required for testing

** Services required: Induces VCT. Additional services on request include: hypertension, glucose, cholesterol tests. BMI, Malaria (if applicable) STI (if applicable), TB screening, peak-flow and basic primary healthcare.

Mobile Wellness Centres: Process

Thank you for your booking. To ensure that the testing event runs smoothly, we would like to bring the following to your attention:

1. If there are any onsite security procedures and requirements, kindly bring this to our attention. Any protective gear which must be worn is to be supplied by the client to the mobile testing team.
2. The testing and counseling will be conducted by qualified counselors. Each HIV test takes approximately 15-20 minutes depending on the results and how the employee perceives the results.
3. The testing will take place in a safe and confidential environment. If we do not perform these tests inside our Mobile unit, the company will need to supply us with an office/room where the counselors can perform the test on a one-on-one basis. No other employees will be allowed inside the Mobile units or testing rooms while counseling and testing is taking place.
4. Pre-test counseling can be done in a group.
5. Our primary focus lies on HIV testing, however on special request from the company, we can perform other tests such as Cholesterol testing, Blood Glucose Testing, Blood Pressure, BMI (Body Mass Index), Malaria testing, Peak Flow Readings (Lungs), STI (Sexually Transmitted Infection) and TB screening as well as dispensing of basic Primary Healthcare medicine (Excluding all contraceptives). Condoms will be supplied on request.
6. Please take into consideration the amount of employees who need to test as well as the time provided by you. These tests will be performed by Nurses and employees who presents with abnormal results will be given a referral letter. It is their own responsibility to report such abnormalities to their Doctor, Clinic Sister of Government clinic.
7. All NBCRFLI (National Bargaining Council for the Road Freight Industry) members will be enrolled onto the Wellness Fund Treatment programme to which they are currently contributing towards. For non-Council members, a treatment programme will be sourced accordingly so that no person is left without care and support
8. No HIV results will be given to the company under any circumstances. The company will however receive a report on completion of the event indicating prevalence without confidentiality being compromised.
9. The nurses and counselors will bring their own meals/refreshments to the site, and it would be appreciated if the company allows them a break to consume this. Half an hour break would be sufficient. The team will however relief each other as not to compromise the employees time who need to test.
10. Bookings forms must be sent through and confirmed with Trucking Wellness at least ONE WEEK prior to requested testing dates. Bookings received in less than one week will be rescheduled.

I, the undersigned, hereby confirm that I read the above testing process and I agree to these terms:

Signature: _____